

46 South Main Street Concord, NH 03301
603/226-3355 • www.wfnh.org

WOMAN SENSE

The Newsletter of The Women's Fund of New Hampshire

Spring 2005

Mission

The Women's Fund of New Hampshire is a statewide foundation dedicated to encouraging philanthropy among women and girls, improving the lives of women and girls through social change grantmaking, and educating the community about the potential of women and girls.

CORPORATIONS MAKING A DIFFERENCE!

Thank you to the following corporations for their generous support of the Women's Fund this year:

SOVEREIGN BANK

**MCLANE, GRAF, RAULERSON
AND MIDDLETON, P.A.**

LEDYARD NATIONAL BANK

U.S. TRUST

If you are interested in becoming a corporate sponsor, please contact the Women's Fund at 603-226-3355 or wfnh@ttlc.net.

TAKE THE CHALLENGE, BE A CHANGEMAKER!

The Women's Fund has an opportunity to take a bold step forward in 2005, by expanding our annual fund and increasing the resources available to women and girls in NH. The Kellogg Foundation and our national association, the Women's Funding Network, have offered a challenge to WFNH to raise new dollars for women and girls in 2005 through the Changemaker Challenge. These national organizations have invested in us this year because they believe we stand ready to accelerate positive, social change for New Hampshire's women and girls.

The purpose of the Changemaker Challenge is to generate *new* dollars for the WFNH annual fund in 2005. To participate in this challenge and to become a Changemaker, all you need to do is contribute *new* dollars by increasing your gift in 2005, or by giving a gift for the first time to the Women's Fund. This Challenge matches *all new dollars* given to the WFNH annual fund in 2005, up to a total of \$20,000. That means for every *new dollar* you donate in 2005, the Women's Fund will receive a *matching dollar*, and you become a Changemaker.

Changemakers will significantly increase the impact of our grants and programs by securing new dollars in support of NH women and girls. When the Women's Fund raises more money, we reach more

women and girls; we change lives. When women and girls prosper, entire communities thrive.

To become a Changemaker in 2005, you can give a first-time gift to WFNH, increase your gift, or start a leadership circle and help spread the word. You can be part of this exciting step forward for New Hampshire's women and girls. Use the enclosed envelope to make your gift or contact Marianne, Jeanine, or Sarah at 226-3355 to discuss how you can be a part of this exciting Changemaker Challenge.

*Take the Challenge, Be a Changemaker! **

SEE INSIDE FOR A FULL LIST OF 2005 GRANTEE PARTNERS.



Educators at Sexual Assault Support Services in Portsmouth use puppets to help teach children about abuse.

fund  forward
Invest in Women and Girls



2005 GRANTEE PARTNERS

The Grantee Partners selected in 2005 are those organizations that demonstrated most successfully their commitment to social change. The Women's Fund received grant applications requesting nearly \$300,000 from 75 organizations across the state. **We are pleased to announce the following awards totaling \$77,250 to 20 organizations.**



Emma and Jackie enjoy playtime together at *The Richie McFarland Children's Center* in Stratham, an Exeter Giving Circle Grantee.

Big Brothers Big Sisters of Greater NASHUA - \$3,000

To support a Mentor Program in collaboration with Girls' Inc. that will match elementary and middle school girls with high school age Big Sisters.

Bridges - \$3,500 NASHUA

To provide crisis counseling services for young women who are currently experiencing or who have experienced domestic and/or sexual violence.

CASA of NH - \$5,000 MANCHESTER/STATEWIDE

To support efforts to recruit, screen, and train volunteers to act as Court Appointed Special Advocates for abused and neglected children.

Child and Family Services - \$3,040 MANCHESTER/COOS COUNTY

To provide access to a range of career opportunities in the North Country, including job coaching,

training in developing a resume, interview skills, and presentation skills.

BONNIE CLAC - \$5,000 LEBANON

To assist low-income women with training, financial education, access to tools for managing debt, resolving credit issues, and assisting with the purchase of a new car.

Good Beginnings of SOUTHERN CARROLL COUNTY AND VICINITY \$2,500 WOLFEBORO

To support the work of trained volunteer home visitors who provide help and guidance to new mothers and their families during the first year with a new baby.

GORHAM COMMUNITY LEARNING CENTER \$3,090 GORHAM

To support a Young Entrepreneurs Program for girls in the North Country to teach banking, leadership, communication and other skills related to starting a business.

HANNAH HOUSE - \$5,000 LEBANON

To provide opportunities for adolescent mothers to gain high-earning-potential job placements that offer livable wages, benefits, and a path to career advancement.

MONADNOCK FAMILY SERVICES - \$3,600 KEENE

To provide tuition assistance for 48 at-risk girls to participate in summer and after-school programs that focus on building resiliency and acquiring important developmental skills.

NEW GENERATION - \$2,000 GREENLAND

To provide low-income women with transportation services to parenting education programs focusing on prenatal care, infant care, birthing classes, dental care, and social service appointments.

NEW HAMPSHIRE LEGAL ASSISTANCE \$5,000 MANCHESTER/STATEWIDE

To increase and improve access to quality legal services for low-income

women who are victims of domestic violence.

Odyssey House - \$5,000 **DOVER**

To provide treatment programs for women suffering from substance abuse, assisting them on their way back to self-sufficiency.



Odyssey Family Center staff pose proudly with two graduates of the Canterbury, NH program.

OZANAM PLACE - \$4,000 **LACONIA**

To support a two-year initiative that provides comprehensive programs, including job training, housing, education, and parenting skills to homeless, single mothers.

**PLANNED PARENTHOOD of NORTHERN
NEW ENGLAND - \$4,620**
SULLIVAN AND CHESHIRE COUNTIES

To provide trainings and workshops addressing parent/teen communication, decision making, gender identity, sexual assault, assertiveness training, and other educational programs in the Monadnock region of New Hampshire.

**RIVERBEND PARENT-Child CENTER
\$2,000** **CONCORD**

To support a home mentoring program that enhances parent-child relationships and helps promote the healthy development of the family.

SEACOAST OUTRIGHT - \$1,900
PORISMOUTH

To provide a six-week program for lesbian, bisexual, questioning and transgender young women that assists them in the process of self-actualization.

**SEXUAL ASSAULT SUPPORT SERVICES
\$4,000** **PORTSMOUTH**

To support sexual violence education and awareness programs for students in Rockingham and Strafford counties to reduce the risk of future victimization.

TEEN HEALTH Clinic - \$5,000
MANCHESTER

To provide a ten-week support program for young mothers, aimed at increasing social support, self-esteem, and parenting competence.

THE WAY HOME - \$5,000
MANCHESTER

To educate refugee women about tenancy, budgeting, health, and hazardous environmental issues to help prevent the loss of housing and protect families from health issues.



The Way Home in Manchester supports refugee families with ESL classes, cooking classes, and other assimilation programs.

YWCA of MANCHESTER - \$5,000
MANCHESTER

To support a girls' summer program promoting values development around tobacco, drug and alcohol use and abuse, and sexuality and puberty education for girls in the fourth through eighth grades. *

**VISIT US ONLINE AT
www.wfnh.org**

THE POWER of Giving Circles

The Women's Fund is proud to support The Exeter Giving Circle. Established in October 2002, the Giving Circle is a group of women united by their concern for disadvantaged children and teens in the community. As a membership group, the Giving Circle aims to pool the human and financial resources of the members in order to effect change in individuals' lives. The Giving Circle reviews grant applications in the fall of each year from nonprofit groups that provide services in the towns serving SAU # 16; which are Brentwood, East Kingston, Exeter, Kensington, Newfields, and Stratham. The Giving Circle supports programs that benefit disadvantaged children who live in the towns served by SAU #16 and projects that have a permanent impact on the participating individuals .

The Exeter Giving Circle made the following grants in 2005:

- The Richie McFarland Children's Center, Stratham \$2,500 to support 10 families in their "Parent Support and Education Program"
- Rockingham Community Action, based in Portsmouth for the Compass Youth Program \$550 to support 10-20 students to pay for their GED exam and driver's license in their "Closing the Gap Program"
- Child and Family Services, Exeter \$2,880 to support 3 pregnant teens in the "Healthy Families Program"
- Friends Project - Portsmouth for the "Heartbreakers Club" \$1,500 to run the program in Exeter, pairing disabled girls, ages 15-25, with abled girls in social and recreational activities.

For more information on the Exeter Giving Circle; or for information on how to form your own giving circle, please contact the Women's Fund. *

LEAVE YOUR LEGACY TO NEW HAMPSHIRE'S WOMEN AND GIRLS

In order to insure resources for our state's women and girls are available in perpetuity, you can choose to make a planned gift to the Women's Fund. A planned gift is an effective vehicle to make a long-term significant investment in the future of the Women's Fund, and may also provide considerable tax savings in your estate. Bequests are the cornerstone of our planned giving program. The most common type of bequest, a Simple Bequest, specifies gifting a specific dollar amount or percentage of one's estate to an organization. If you are interested in creating a Simple Bequest to benefit the Women's Fund, here is sample wording for your Will.

"I hereby give, bequeath and devise to The Women's Fund of New Hampshire of Concord, New Hampshire, a qualified 501(c)3, the sum of \$_____ (or ___% of my estate) to be used for its general purposes."

If you would like to discuss making a planned gift to the Women's Fund, please contact Marianne or Jeanine at 603-226-3355. *

WOMEN'S FUND BOARD NEWS



Jill G. Schiffman
2004 Chair,
Board of Directors

In December 2004, the Board expressed its appreciation to Jill G. Schiffman for her 3-year leadership as Chair of the Women's Fund Board of Directors. During Jill's tenure as Chair, WFNH expanded its grantmaking, outreach programs, and developed a long-term strategic plan. Jill remains committed to the women and girls of New Hampshire and will continue to serve as a member of the Board. Thank you Jill, for your leadership and commitment!



Mary Rauh
2005 Chair,
Board of Directors

Mary Rauh, a resident of New Castle, is the new Chair of the Women's Fund Board of Directors. She began her term as Chair in January 2005. A Founder of the Women's Fund, she is also on the board of the newly formed New Hampshire Women's Policy Institute. Mary is a retired organizational consultant, having specialized in non-profit governance and planning in the U.S. and Canada. With over 30 years of volunteer experience, Mary has served as a member of governing and advisory boards for various nonprofit institutions,

such as the Girl Scouts of Swift Water Council; the White Mountain School; Planned Parenthood of Northern New England; Planned Parenthood Federation of America; the Wentworth-Coolidge Committee; the NH Charitable Foundation and Dartmouth-Hitchcock Medical Center. A graduate of Northwestern University, Mary was the Second District democratic congressional candidate in 1998. Mary is looking forward to guiding WFNH into our next phase of growth as we continue to build strong communities by empowering all women and girls to reach their full potential.



Janet Doran
Board Member

WFNH welcomes Janet Doran of Hollis back to the Board to serve a second 3-year term. Janet is the Founder of Unity House in Nashua, and has been involved with several social change organizations such as Girls' Inc. of Nashua, Child Watch Network, Outreach in Black Unity and Nashua Pastoral Care Center. With a Masters degree in Social Welfare, Janet has vast experience in working with at-risk women through every phase of their development. *

HONOR THE WOMEN IN YOUR LIFE THIS MOTHER'S DAY WITH A MOTHER'S DAY E-CARD!

Visit www.wfnh.org/mothers.htm.
Send a Mother's Day E-Card today!

2005 Board of Directors

Marylou Blaisdell
Nashua

Dana Dakin
Wilnot Flat

Pamela Diamantis
Greenland

Janet Doran
Hollis

Mary B. Doyle
New London

Christina R. Hill
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Sarah B. Knowlton
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Jill G. Schiffman
Hanover

Perry Forbes Williamson
Hanover

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Marianne M. Jones
Executive Director

Jeanine Tousignant
Director of Development

Sarah Chaisson Warner
Program Director

Thank you to:

Julie Tallman, 2004 Intern
Plymouth State University

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UPCOMING EVENTS

Details about these and other community events are available online at the WFNH Every Woman Online Resource Center on our Web site.

May 11 WFNH Donor and Grantee Partner Celebration

June 9 Women Building Community: Taking Action with our Time, Talent and Treasure Luncheon at the Radisson Hotel, Center of NH, Manchester 11:30 a.m. – 2:00 pm
First Lady Susan Lynch, Honorary Chair. Featuring Zainab Salbi, President and CEO of Women for Women International. A collaborative presentation of WFNH, United Ways of NH and the New Hampshire Charitable Foundation
Sponsored by Sovereign Bank

June 27-29 Leading the Way to a Healthier New Hampshire Conference

October 6 Recipe for Change – A Soirée to Benefit New Hampshire's Women & Girls
5:30 p.m. – 9:00 p.m., Governor's Hall, Capitol Center for the Arts, Concord

November Regional and On-Line Grantwriting Workshops

[more events at www.wfnh.org](http://www.wfnh.org)

CELEBRATING THE LIFE OF SUSAN NEIDLINGER McLANE (1929-2005)

On February 14, 2005, hundreds of people whose lives were touched by Susan Neidlinger McLane gathered in Concord to celebrate her life. "Susie," as she was known to so many here in New Hampshire, died peacefully on February 13, 2005, surrounded by loving family and friends. During her lifetime, Susan was a tireless advocate for the citizens of New Hampshire. Susan served as one of the first women in the New Hampshire House of Representatives from 1969 to 1980, and in the New Hampshire Senate from 1982 to 1994. She fought vigorously for the environment, the mentally ill, women's rights, dignity in dying, and for every New Hampshire resident she represented in public office.

Throughout Susan's lifetime, she was a champion for women's rights and equal opportunities. As she remarked to us not too many years ago, by the time she turned 40, she knew that women were as smart as men. Many women breaking into politics in New Hampshire remember her advocacy through the League of Women Voters, the

National Women's Political Caucus, the White House Project, the Women's Campaign Fund, and the lobster roll lunches Susan would host on Newfound Lake to support women running for office. In 1980, when Susan ran for Congress, with many family members staffing the campaign, she would tell the story of a stop at a gas station with her daughter Annie, a recent graduate of Dartmouth College, in the car. A man getting gas recognized Susan and shouted at her, "you should be home taking care of your babies;" to which Susan replied, pointing at Annie, "this is my baby."

Among Susan's many activities, skiing was one of her first loves. And among her causes, the work of the Women's Fund was close to her heart. In 2000, we were honored when Susan and Malcolm McLane became Founders of the Women's Fund. Ann "Annie" McLane Kuster, the youngest of Susan and Malcolm's five children, served on the founding board of the Women's Fund and is also a Founder. Shortly after Susan was diagnosed with Alzheimer's, Annie took the time to work with her



The Women's Fund honored Susan McLane during our 1999 Tribute to New Hampshire Women and Girls.

to write a memoir of Susan's life and work, *The Last Dance: Facing Alzheimer's With Love & Laughter*. It is a loving tribute to a remarkable woman who campaigned for what she believed in throughout her life. (For more information, visit www.thelastdance.org.)

We are grateful for all the McLane family has done, and continues to do, to ensure that all women and girls, men and boys, and communities have the opportunities to prosper and thrive. Throughout her lifetime, Susan combined courage, tenacity, conviction, and humor – all the qualities of a great leader. *

DONOR SPOTLIGHT: MOTIVATING DONORS TO MAKE CHANGE

Over the past six years, "Michelle" (an anonymous donor) has watched WFNH grow into a mature, stable and forward moving catalyst for social change in the state. Last year, Michelle served on the grantmaking committee where she learned first hand about many exemplary organizations that are effecting social change for women and girls. In an effort to support WFNH and increase the impact on social change programs, Michelle decided to give a two-part gift to the Women's Fund. She supported the annual fund, and also gave a \$5,000 challenge gift

designated to our grantmaking program. This challenge enabled WFNH to give an additional \$10,250 in grant awards this year!

The generosity of Michelle and the individuals who matched her gift allow WFNH to continue our commitment to social change through the valuable work of our grantee partners during our seventh year of grantmaking. We extend a thank you to all participants for this generous, innovative investment, which increases our ability to impact positive change in New Hampshire. *

FUND FORWARD FOR WOMEN AND GIRLS!

The generosity of our donors has improved the lives of over 30,000 women and girls supported through our grants and programs. You can celebrate a woman or girl in your life by giving a gift to the Women's Fund in their honor. Invest in WFNH to Fund Forward for women and girls.

**Please respond generously
through the envelope enclosed
in this newsletter.**

THANK YOU!

SAVE THE DATE!

CHOCOLATE FOUNTAIN... SILENT & LIVE AUCTIONS...
DIAMOND RAFFLE... FUN WITH FRIENDS!

Stir Up Some Fun at the second annual
Women's Fund Recipe for Change
A Soirée to Benefit New Hampshire's Women & Girls
Thursday, October 6, 2005
5:30 p.m. - 9:00 p.m.
Governor's Hall, Capitol Center for the Arts
Concord, NH

Join the fun and support the work of the Women's Fund!

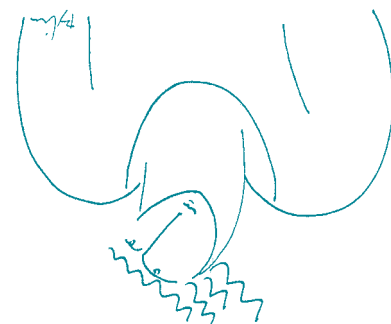


Dipping strawberries in the scrumptious chocolate fountain at the 2004 *Recipe for Change*



CALL FOR VOLUNTEERS! The Women's Fund is looking for volunteers to help with our second annual *Recipe for Change* fundraising auction. Last year, this fun and successful event raised nearly \$22,000 to benefit New Hampshire's women and girls.

Please contact Sarah at WFNH for more information at 226-3355 or send us an email at wfnh@ttlc.net. Thank you! *



VISIT US ONLINE AT
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Address Service Requested

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